

An Order for Morning Prayer in Lent

Preparation

O Lord, open our lips
and our mouth shall proclaim your praise.
Hear our voice, O Lord, according to your
faithful love,
According to your judgement give us life.

Blessed are you, God of compassion and
mercy,
to you be praise and glory for ever.
In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.
As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

A Song of Penitence

Have mercy on me, O God, in your great
goodness; ♦
according to the abundance of your compassion
blot out my offences.
Wash me thoroughly from my wickedness ♦
and cleanse me from my sin.
For I acknowledge my faults ♦
and my sin is ever before me.
Against you only have I sinned ♦
and done what is evil in your sight,
So that you are justified in your sentence ♦
and righteous in your judgement.
Cast me not away from your presence ♦
and take not your holy spirit from me.
Give me again the joy of your salvation ♦
and sustain me with your gracious spirit;
Then shall I teach your ways to the wicked ♦
and sinners shall return to you.
Deliver me from my guilt, O God, the God of my
salvation, ♦
and my tongue shall sing of your righteousness.

Psalm 51. 1–5, 12–15

**Glory to the Father and to the Son and to the
Holy Spirit; as it was in the beginning is now
and shall be for ever. Amen.**

The night has passed, and the day lies open
before us; let us pray with one heart and mind.

Silence .

As we rejoice in the gift of this new day, so may
the light of your presence, O God, set our hearts
on fire with love for you; now and for
ever. **Amen.**

The Word of God

Please use the readings from the weekly sheet

The Psalm ends with .

**Glory to the Father and to the Son and to the
Holy Spirit; as it was in the beginning is now
and shall be for ever. Amen.**

The Old Testament Reading

Canticle

**Full of compassion and mercy and love is
God, the Most High, the Almighty.**

Lord almighty and God of our ancestors, ♦
you who made heaven and earth in all their
glory:
All things tremble with awe at your presence, ♦
before your great and mighty power.
Immeasurable and unsearchable is your
promised mercy, ♦
for you are God, Most High.
You are full of compassion, long-suffering and
very merciful, ♦
and you relent at human suffering.
O God, according to your great goodness, ♦
you have promised forgiveness for repentance
to those who have sinned against you.
The sins I have committed against you ♦
are more in number than the sands of the sea.
I am not worthy to look up to the height of
heaven, ♦
because of the multitude of my iniquities.
And now I bend the knee of my heart before
you, ♦
imploping your kindness upon me.
I have sinned, O God, I have sinned, ♦
and I acknowledge my transgressions.
Unworthy as I am, you will save me, ♦
according to your great mercy.
For all the host of heaven sings your praise, ♦
and your glory is for ever and ever.

Manasseh

1a, 2, 4, 6, 7a, b, 9a, c, 11, 12, 14b, 15b

**Glory to the Father, and to the Son and to the
Holy Spirit; as it was in the beginning is now
and shall be for ever. Amen.**

**Full of compassion and mercy and love, is
God, the Most High, the Almighty.**

The New Testament Reading

Responsory

To you, O Lord, I lift up my soul;

O my God, in you I trust.

You are the God of my salvation,

To you, O Lord, I lift up my soul.

In you I hope all the day long.

O my God, in you I trust.

Remember, Lord, your compassion and love,
for they are from everlasting.

To you, O Lord, I lift up my soul;

O my God, in you I trust.

from Psalm 25

The Benedictus

**Blessed are those who hunger and thirst for
righteousness, for they shall be satisfied.**

Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.

He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.

Through his holy prophets God promised of
old ♦

to save us from our enemies,
from the hands of all that hate us,
To show mercy to our ancestors, ♦
and to remember his holy covenant.

This was the oath God swore to our father
Abraham: ♦

to set us free from the hands of our enemies,
Free to worship him without fear, ♦
holy and righteous in his sight
all the days of our life.

And you, child, shall be called the prophet of the
Most High, ♦

for you will go before the Lord to prepare his
way,

To give his people knowledge of salvation ♦
by the forgiveness of all their sins.

In the tender compassion of our God ♦
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and
the shadow of death, ♦

and to guide our feet into the way of peace.

Luke 1.68–79

**Glory to the Father and to the Son and to the
Holy Spirit; as it was in the beginning is now
and shall be for ever. Amen.**

**Blessed are those who hunger and thirst for
righteousness, for they shall be satisfied.**

Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

The Collect

Merciful Lord,
absolve your people from their offences,
that through your bountiful goodness
we may all be delivered from the chains of those
sins

which by our frailty we have committed;
grant this, heavenly Father,

for Jesus Christ's sake, our blessed Lord and
Saviour,

who is alive and reigns with you,
in the unity of the Holy Spirit,

one God, now and for ever.

Amen.

Trusting in the compassion of God,
let us pray with confidence as our Saviour has
taught us

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

The Conclusion

May God our Redeemer show us compassion
and love.

Amen.

Let us bless the Lord.

Thanks be to God.